



Wellnesssleuth Recipes

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delicious food

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CAPRESE SALAD WITH BOCCONCINI

INGREDIENTS:

Ingredients

To make Caprese salad, you will need:

- *1 pint of cherry tomatoes, sliced in half*
- *1 package of bocconcini (around 20 pieces)*
- *1 bunch of fresh basil leaves*
- *extra virgin olive oil*
- *salt and pepper*

DIRECTIONS

• *Directions*

• *Start by*

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- - *slice the cherry tomatoes in half*

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- - *Next, add the bocconcini to the salad. If they are too large, you can cut them in half.*

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- - *Finally, tear the basil leaves into small pieces and add them to the salad.*

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- - *drizzle with olive oil and season with salt and pepper to taste.*

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- *Serve immediately. Enjoy!*



GRILLED POLENTA CROSTINI

These grilled polenta crostini are the perfect snack or light dinner. Made with just a few simple ingredients, they come together quickly and easily. You won't be disappointed. [Click here](#)



EGG ROLL BOWLS

Egg roll bowls are the perfect way to get together with friends and family. They're easy to make, and they're a great way to get everyone involved in the kitchen. Plus, they're a lot of fun to eat! [Click here](#)



MIXED BERRY SALAD WITH RASPBERRY VINAIGRETTE

Refreshing Mixed Berry Salad with Raspberry Vinaigrette is a healthy and delicious salad that is perfect for a picnic or potluck. The salad includes a mix of fresh berries, cucumber, and red onion, tossed with a simple raspberry vinaigrette. [Click here](#)